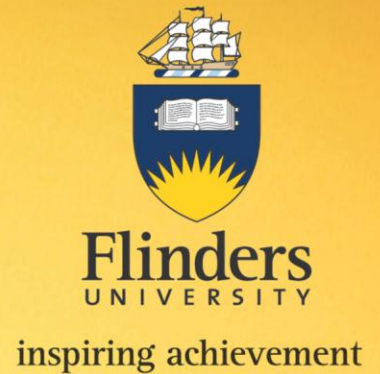


# Information Session: Health Star Rating System



You're invited to attend a seminar by final year Nutrition and Dietetics student Renee Fenton on the new Health Star Rating System.

**Date: Thursday 13<sup>th</sup> November 12-1pm**

**Location: Conference Room, Function Centre (Number 30 on campus map)**

Several systems of package labelling have been developed over the years, with the intention of assisting consumers in making healthier food choices. Nutrition information panels can often be small and difficult to decipher, leaving consumers frustrated and confused. So far, various food labelling systems have been trialled including the % DI thumbnails and the traffic light system. The latest system to be implemented is the **Health Star Rating (HSR)**, which was recently approved by the Australian and New Zealand Ministerial Forum on Food Regulation.

So just what do HSRs mean?

Are they useful to consumers?

How are they calculated?

How do they compare to other systems of package labelling?

And... **FREE TASTINGS!**

To register your interest in attending, please email Renee: [fent0028@flinders.edu.au](mailto:fent0028@flinders.edu.au)