



## Onsite clinic

## How do I book my spot to receive an influenza vaccination?

To book your vaccination appointment, please follow the unique web link advertised by your organisation.

To complete your booking, you are required to complete key data including medical consent questions, and personal details and choose your appointment time.

Without accurate data, the nurse may not understand your medical background and/or there may be issues with updating your Immunisation record.

#### How do I cancel my booking?

To cancel your onsite booking please see your confirmation email, this will have a function to enable you to cancel your booking. If you need to search your emails for your booking confirmation, please search your emails for an email sent from noreply@ausvacs.com.au.

Alternatively, you may also email us at <a href="mailto:bupaflusupport@ausvacs.com.au">bupaflusupport@ausvacs.com.au</a> and one of our friendly team members will be more than happy to assist.

# How do I move my booking to a different time? You can change or cancel your appointment from the link provided in your booking confirmation email.

Alternatively, you may also contact us at <a href="mailto:bupaflusupport@ausvacs.com.au">bupaflusupport@ausvacs.com.au</a> and one of our friendly team members will be more than happy to assist.

## What happens when all clinics are fully booked?

If a clinic that you wish to attend is full, there is a waiting list option that you can select. Please complete all the details, and if a spot becomes available, we will select an appointment for you based on the space that became available (in the order that people joined the waiting list).

Once you have been added to a clinic you will receive a notification via email advising you that we have booked you into a clinic.

## Which type of flu shot will be available?

In line with the Department of Health's National Immunisation Program (NIP), we offer the 2023 Quadrivalent egg-based influenza vaccine this season.

The composition of the influenza vaccine for use in the 2023 Southern Hemisphere will contain the following:

- an A/Sydney/5/2021 (H1N1)pdm09-like virus;
- an A/Darwin/9/2021 (H3N2)-like virus;
- a B/Austria/1359417/2021 (B/Victoria lineage)-like virus; and
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

Cell-based vaccines and over 65s flu vaccines are not available via Bupa. Please consult your local pharmacy or your GP if you require one of these vaccines. Please note, the cost of these vaccines is not covered by your company's vaccination program.

I am feeling unwell should I still get vaccinated? If you feel unwell, please contact us to reschedule your appointment. When you're unwell, it's best to stay home to avoid infecting others.

#### Can I get vaccinated for Covid and Flu on the same day?

Yes, you can get vaccinated for both on the same day. The Department of Health has advised that the co-administration of COVID-19 and influenza vaccines is safe and produces a good immune response. The COVID-19 vaccination is not offered as part of this program.

## Will the COVID-19 vaccine also protect me against the flu?

The COVID-19 vaccine will not protect you against influenza (flu). Flu vaccination reduces your chances of getting influenza. Safeguarding against influenza is always recommended as statistics show an average of 1,500 to 3,000 people die from influenza in Australia each year during a typical flu season.

Being vaccinated against the flu also helps to protect others, particularly people who are more vulnerable to infections (e.g. elderly people). The flu vaccination for next flu season is expected to become available from end of March 2023.

### Who updates my immunisation record and how long does it take?

Your immunisation record will be updated within 5 business days after your clinic has been completed.

Should you not see your recent immunisation upload after 5 business days, then please email us at bupaflusupport@ausvacs.com.au and we will update your record manually. Please provide your name, company name and date of vaccination in the email.

Upon a Bupa team member successfully updating your record, please allow up to 24 hours for this to update on your Medicare record.

We can also send you an email confirming your vaccination should you require evidence more urgently.

Content accurate as of 1 February 2023.

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