

WELLBEING

AMBASSADOR

PROGRAM

Contribute to student wellbeing and become a champion for mental health and wellbeing events.

The Wellbeing Ambassador Program is for students at Flinders University interested in contributing to student wellbeing. Students will be provided with free training, engage with students on campus at wellbeing events, and contribute to numerous wellbeing initiatives. The program is linked with the Horizon Awards program.

What does the role involve?

- Championing mental health and wellbeing events such as RUOK? Day, Mental Health Week and O'Week.
- Providing consultation to the Health, Counselling and Disability Service to support responsiveness to student needs.
- Supporting student wellbeing initiatives across the University.
- Attending free training, such as event management and mental health first aid.
- Contributing to regular Wellbeing Ambassador meetings.

What is my commitment?

A minimum of an hour per month, but ultimately contributing the amount that works for you.

How do I apply?

Email abarnes@flinders.edu.au for your application form. Simply complete the application form and return it to Ali Barnes, Wellbeing Promotion Officer via email or at the Oasis.

Any questions?

Contact Ali Barnes, Wellbeing Promotion Officer
abarnes@flinders.edu.au, 8201 5929

