



Dr. Junwen Chen

School of Psychology

College of Education, Psychology, & Social Work

GPO Box 2100
Adelaide SA 5001

Tel: 08 8201 2601
Fax: 08 8201 3877
junwen.chen@flinders.edu.au.chen

<http://www.flinders.edu.au/people/junwen.chen>
CRICOS Provider No. 00114A

INFORMATION SHEET (Paid)

Title: The Impact of audience feedback in modifying negative interpretation bias and reducing state anxiety in socially anxious individuals

Researcher(s)

Mr Joshua McGreen
College of Education, Psychology, & Social Work
Flinders University
Tel: 0474 982 737
Email: mcgr0186@flinders.edu.au

Supervisor(s)

Dr Junwen Chen
College of
Flinders University
Ph: 08 8201 2601
Email: junwen.chen@flinders.edu.au

Description of the study

This study is part of a project entitled “The Impact of audience feedback in modifying negative interpretation bias and reducing state anxiety in socially anxious individuals” and aims to investigate whether using audience feedback will reduce the two cognitive biases, namely negative self-imagery and interpretation bias and result in improvements in the effects of combined video feedback and audience feedback on self-perception of performance and state anxiety pertaining to a social performance. This project is supported by Flinders University, College of Education, Psychology, & Social Work.

Purpose of the study

This project aims to find out the impact of using combined audio feedback and video feedback on negative interpretation bias and state anxiety pertaining to a speech performance.

What will I be asked to do?

You are invited to attend an in-person session where you will be asked to 1) undertake cognitive assessment tasks by viewing a series of words on a computer and pressing a button as quick as you can, 2) perform two 3-minute talks before completing questionnaires in relation to your feelings and experiences relating to the speech you give. You will present your talk in front of a live audience and your talk will be recorded by video in order to be evaluated. The questionnaires and tasks will take around 75mins.



You will receive \$30 for your time. Information gained from the study will remain confidential and anonymous. Your participation is completely voluntary.

What benefit will I gain from being involved in this study?

By participating in the study, you may gain additional insight into psychological research. The information you provide during this study may contribute to information that is of value in further developing an understanding of effective interventions for social anxiety.

Will I be identifiable by being involved in this study?

No identifying information will need to be provided on any of the questionnaires and the information provided by you will be treated in the strictest of confidence. Consent forms will be kept separately from the data collected. None of the information provided by you will be individually identifiable in the resulting thesis or any other publication. All data collected is assigned a code number to ensure anonymity. The video recording of your speeches will be deleted upon completion of your participation. All personal correspondence (e.g., emails) will be deleted upon completion of the study.

Are there any risks or discomforts if I am involved?

We anticipate few risks from your involvement in this study. However, a speech task may elicit anxiety in some participants, and some of the questions that are asked (e.g., asking your feelings and experiences) may be sensitive to you. In addition, the cognitive tasks may be uncomfortable for some people. You are reminded that you have the right to require a rest, or refuse to answer any questions or participate in any tasks and you are free to withdraw your participation at any time without reason or consequence. If you feel discomfort during or after the study, please visit the free and confidential Health, Counselling and Disability services at Flinders University (phone 08 8201 2118 or visit Level 3, Student Centre). Alternatively, you could contact the free and confidential Lifeline Australia services (13 11 14 or <http://www.lifeline.org.au>) or Beyondblue (1300 22 4636 or <http://www.beyondblue.org.au>). If you have any questions about risks, please contact the principal investigator (Junwen.chen@flinders.edu.au).

How do I agree to participate?

Participation is voluntary. You may refuse to answer any questions or participate in any tasks and you are free to withdraw from the study at any time without reason or consequence. A consent form accompanies this information sheet. If you agree to participate please read and sign both copies of the consent form.

How will I receive feedback?

Participants will receive an online debriefing sheet outlining the aims of the study. You will also receive a study debrief outlining the aims and methodology of the study via the Research Participation System once data collection has been completed. Outcomes from the study as a whole can be obtained by contacting the principal researcher. If you have any questions or would like any further information please contact the principal researcher.

Thank you for taking the time to read this information sheet, and we hope that you will accept our invitation to be involved.



*This research project has been approved by the Flinders University Social and Behavioural Research Ethics Committee (Project number 6850).
For more information regarding ethical approval of the project only, the Executive Officer of the Committee can be contacted by telephone on (08) 8201 3116, by fax on (08) 8201 2035, or by email to human.researchethics@flinders.edu.au*