



SISU TRAIT SURVEY

HOW IS THE FINNISH CONCEPT OF SISU EXPERIENCED IN AUSTRALIA?

Participate in a short (<10 min) survey to go into the draw to win 1 of 5 Coles & Myer Gift Vouchers!

[Click here for survey](#)

sisu [/'see-soo; / noun]

Extraordinary determination, courage and resoluteness in the face of extreme adversity. An action mindset which enables individuals to reach beyond their present limitation, take action against all odds and transform barriers into frontiers. An integral element of Finnish culture and also a universal capacity, which we all share.

Sisu Lab: (<https://sisulab.com/sisu-about/>)



Are you:

**18 years or older?
Proficient in English?**

Complete an online survey to help create a generalisable tool for measuring *sisu* across different cultures. The survey is part of the “*Sisu at Work*” project, conducted by the University of Helsinki and VTT Technical Research Centre of Finland Ltd. in collaboration with Flinders University.

More information about the survey, project and *sisu*, as well as the researchers' contact information can be found on the survey website.

This research project has been approved by the Flinders University Social and Behavioural Research Ethics Committee (Project number: 8192)