



Introduction to Borderline Personality Disorder

An information session

What's covered in this session:

- What is BPD, contributing factors and treatments
- Recovery and self-help
- Resources for families/friends

Presented by BPD Co Clinician and Lived Experience

Who is this session for:

Anyone who has a diagnosis of BPD, or experiences difficulties with emotions and is likely to have BPD.

When: Thurs 13 April 10 to 11.30am

Where: Online via Zoom

Register: <https://intro-to-bpd-13apr.eventbrite.com.au>

Link for the session will be provided at time of registration.

If you are unable to secure a ticket for this event, check out our [website](#) for upcoming sessions and groups.

For further information, please contact Jess on 7425 6500.

