



# oasis

STUDENT WELLBEING CENTRE

  
COMMUNITY &  
DIVERSITY

  
FAITH &  
SPIRITUALITY

  
MENTAL &  
PHYSICAL WELLBEING

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Connect, relax, unwind &amp; study</p>	<p> Flinders Mates 12 - 1</p>	<p> <b>SPIRITUAL CARE</b> 10 - 2</p> <p> <b>MIDDAY MEDITATION</b> 12</p> <p> <i>Winter Warmers</i> (May - September) 12 - 1</p> <p> <b>CONVERSATION GROUP</b> 1 - 2</p> <p> <b>LIFEHACKS</b> 2 - 3</p>	<p> <i>Flinders Community Market</i> 11 - 1</p>	<p> <b>SPIRITUAL CARE</b> 10 - 2</p> <p> <b>MIDDAY MEDITATION</b> 12 - 12:30</p> <p> <b>CONVERSATION GROUP</b> 1 - 2</p> <p>Friday Prayer</p>

Free tea & coffee | Lounge area | Study spaces | Kitchen facilities | Prayer rooms | Musical instruments | Hireable space | Games & Puzzles

Open Monday to Friday, 8 am - 8 pm

**EVERYBODY WELCOME**

 [oasis.flinders.edu.au](http://oasis.flinders.edu.au)

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