



## Keeping it all together. Why mental health in cancer matters.

Tuesday November 6  
6pm (for a 6.10pm start) - 7.30pm  
Ground Floor Function Room  
Flinders Centre for Innovation in Cancer  
Flinders Medical Centre Campus (see attached  
map).

### *Cancer Care and Mental Health: Building bridges*

Psycho-oncology focuses on improving mental health and quality of life for people affected by cancer. Recently, the question of why mental health services are still not easily or widely available within hospital and community based cancer care services, has arisen. Is there more needed to build bridges between cancer and mental health services? Where are we at present? What's available, what's missing and what are the costs of providing cancer services that don't include adequate quality mental health care? Is there more that can be done at the structural level of health service organisation to provide patients with comprehensive cancer care that takes account of the physical, social and psychological costs experienced? Let's talk about how to translate research achievements into care progress



Prof Maggie Watson

**Division of Genetics and Epidemiology, Institute of Cancer Research, UK**

**Visiting Professor, Department of Clinical, Educational and Health Psychology, University College London, UK**

Maggie was Head of Psychological Medicine at the Royal Marsden Hospital and led a comprehensive psychological and psychiatric service for oncology patients. She founded the British Psychosocial Oncology Society in 1982 and is past President of the International Psycho-Oncology Society. She is Editor-in-Chief of the Psycho-oncology Journal. Maggie's research interests in the area of psycho-oncology include psychological Intervention, cancer genetics, cancer and families

### *Finding My Way-Advanced: The co-creation of a web-based psychosocial intervention for women with metastatic breast cancer*

Metastatic breast cancer causes significant distress, impairs quality of life, and has a high health-system burden, yet few evidence-based psychosocial interventions have been developed to support women. We are currently developing an online psychosocial intervention in close consultation with women with metastatic breast cancer, clinicians, breast cancer experts, researchers and peak advocacy organisations. This presentation will summarise the steps and challenges involved in adapting and developing complex psychosocial web-based interventions using a co-creation design process.



Dr Lisa Beatty

**Clinical Psychologist and Cancer Council SA Postdoctoral Fellow (Cancer Support)**

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