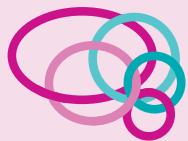




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Brain Injury  
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Building positive futures for  
people with acquired brain injury

### More information?

If you would like more information about SoConnect,  
please contact the team at Brain Injury SA:

**Telephone**  
**08 8217 7600**  
**Country callers**  
**1300 733 049**

**Email**  
**info@braininjurysa.org.au**

[www.braininjurysa.org.au](http://www.braininjurysa.org.au)

# SoConnect



SoConnect is a program aimed at increasing the connections to mainstream support services and the broader community for people with a disability that impacts cognitive functioning.

# What is SoConnect?

**SoConnect is a program aimed at increasing the connections to mainstream support services and the broader community for people with a disability that impacts cognitive functioning.**

SoConnect will assist participants to increase their social connections by providing information on services in their local areas all while meeting new people and having fun along the way.

SoConnect is a fun and informative program where everyone will have the opportunity to develop new connections and hear from local services. Find out what is available to you, near you and for you. Each week guest speakers will come in and talk to you about what their organisation can offer you.

This is an opportunity to be actively involved in mapping out how to achieve positive outcomes for your future.

The program will introduce participants to a wide range of service providers, including employment services and educational support workers, helping them to achieve their employment and education-related goals.

Topics across the 10-week program include:

- Education options
- Managing your finances
- Employment support services
- Social connections
- Legal support services
- Housing options
- Centrelink
- Health services
- Family and support networking



## Who can access SoConnect?

SoConnect is designed for people of all ages who live with a disability that affects cognitive functioning. This might include ABI, mild intellectual disability, learning disability or mental health conditions such as depression and anxiety.

## Why should I participate in SoConnect?

SoConnect is aimed at helping you to lead a fulfilled life.

The program will assist you to access mainstream services, ensuring you are linked with the appropriate resources to enhance your life.

The program will help you meet your personal goals, develop new goals, connect you to support services and help link you to people and your community.

## Who runs the program?

SoConnect is run by our highly-skilled team at Brain Injury SA.

## When is SoConnect held?

SoConnect is run as a 10-week program, with participants attending sessions for 2-4 hours each week. The program will be run in several locations across metropolitan Adelaide, so please check with our team for details of the program nearest you.

Three metropolitan and one regional program are run each year.